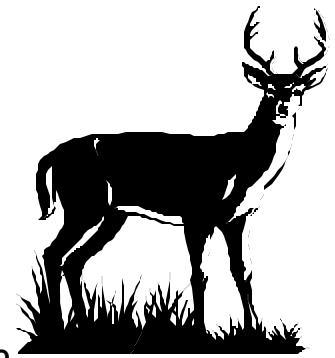


## LYME DISEASE: DON'T LET A TICK MAKE YOU SICK

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Lyme disease affected more than 16,000 people in 1998. The areas in the United States with the highest risk for Lyme disease are in the Northeast region, from Massachusetts to Maryland, the North Central region, including Wisconsin and Minnesota, and an area of northern California's Pacific Coastal region.

People who work in construction, landscaping, forestry or any occupation that takes them into heavily wooded or grassy areas are at increased risk of exposure to the ticks that carry Lyme disease.

To help reduce the risk of Lyme disease to outdoor workers, OSHA recently issued a Hazard Information Bulletin that advises employers on implementing an effective Lyme disease prevention program.

The Hazard Information Bulletin follows the recommendations of the Centers for Disease Control and Prevention (CDC). Some of the steps recommended to reduce the risk of Lyme disease are:

- avoid tick habitats whenever possible
- wear clothing that keeps ticks from reaching the skin
- use insect repellants
- consider using a protective vaccine

The OSHA bulletin and a Lyme disease fact sheet can be found on OSHA's Web site at <http://www.osha.gov>. More detailed information regarding Lyme disease and its prevention can be found at the CDC Web site at <http://www.cdc.gov/> and at the Lyme Disease Foundation site at <http://www.lyme.org/>

